

## *Getting to the Core of You*

Did you know that every person yearns to be who they truly are deep down within? This yearning is one of those things we are born with; the Heavenly Father made us that way. Some of us feel it, but we don't know what it is or what to do with it; we don't know how to go about tapping into our core being. It can really drive you crazy, because nothing in life seems to fulfill you, and everything you touch reminds you that something within just isn't quite right.

Your core being is said to be the real you, the person that really wants to express itself, but feels neglected, overlooked, and pushed further down. The odd thing about it is that we are the main ones to do this to ourselves. We deny who we are because we are hesitant to accept the reality that we are a part of something much greater. In order to discover the jewel at the core of our beings and make this earth experience truly meaningful, we've got to dig a little deeper and do a little cleaning up.

I once told a girlfriend of mine this and she said to me, *"Girl, I've been through just about everything a person can go through...and I'm still here. How much more deeper do I need to get?"* I said to her *"I feel ya', but until you get to the place where you understand that it isn't about WHAT you've been through, but WHY you've been through it, then you've still got a ways to go."*

Sometimes, we go through things because we are more interested in what we can acquire than what we can give. We don't have all the things society says we should have in order to be successful. So we look at our lives and feel down in the dumps, because we are not measuring up to someone else's standard. Trying to do that always ends in misery; we see that time and time again.

God wants us to always do a check up from the neck up. He wants us to self-examine, but you can't use the world's tools to do it; use His. Through Christ, God gently and lovingly guides us into self reflection. He'll send a special person our way who isn't afraid to speak the truth to our faces, or He'll allow a situation to capture our attention so that we listen more deeply within.

Colossians 3:1-2 (The Message) says, "1-2 So if you're serious about living this new resurrection life with Christ, act like it. Pursue the things over which Christ presides. Don't shuffle along, eyes to the ground, absorbed with the things right in front of you.

"Scripture taken from The Message. Copyright ©1993, 1994, 1995, 1996, 2000, 2001, 2002. Used by permission of NavPress Publishing Group."

"Getting to the Core of You" written by Kim Times, edited by Reverend Fran Times-Mack, for Single Woman's Prayer.Com ©2010. All rights reserved. All done to the glory of God through Jesus Christ, our Lord! Single Woman's Prayer.Com is dedicated to inspiring and encouraging single Christian Women through the Word of God.

Look up, and be alert to what is going on around Christ—that's where the action is. See things from his perspective."

This verse is crazy, ridiculously good isn't it? The action is wherever Christ is! We have to see everything from his perspective, that includes the way we see ourselves. Through Him life can be amazing, because every day presents an opportunity to discover something new about our strength, power, and potential. Those are the treasures that rests at the core of our being. Those are the things that God is excited for us to find, but unless you do some digging, they'll go undiscovered.

Ask yourself some critical questions, and pick up on the cues and clues that God has planted all around you. You may think these few steps are not important, but you would be astonished to find out the millions of things that have gone wrong in your life simply because you refused or didn't have the guts to ask yourself the right questions. When you ask questions that reflect your readiness to hear the truth, your indwelling Holy Spirit will help you to discover what you may not have noticed or easily overlooked before.

It is very understandable to be uncomfortable with the idea of uncovering layers of the unknown. Many of us walk around day in and day out not knowing who we are, but we don't have to do this. Colossians 3:12 (The Message) says "Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience." What is it that you're looking for? How do you know you've tapped into something unique and different about who you are? The answer begins with understanding that you were handcrafted by the Master. You are chosen! Self discovery should be a spiritual journey that leads to compassion, kindness, humility, gentleness and patience. Whatever or whoever we consider ourselves to be, these are the only things that will help us get to the core of who we were designed to be. They will strengthen us and allow us to continue growing in Christ.

The transformation into a new you has already begun, now comes the most challenging aspect that should be your life's work, which is to live from the inside out. Jesus Christ has given us an incredible advantage, because of his love, life, death, and resurrection, we have perfection on the inside of us. But you won't recognize just how beautiful and capable you truly are unless you know what's at the core of your existence. You've got to take an inventory and clean out all the old stuff. Do the digging and don't be afraid to go there, because of Christ, you'll love what you find. ●

*"Scripture taken from The Message. Copyright ©1993, 1994, 1995, 1996, 2000, 2001, 2002. Used by permission of NavPress Publishing Group."*

*"Getting to the Core of You"* written by Kim Times, edited by Reverend Fran Times-Mack, for Single Woman's Prayer.Com ©2010. All rights reserved. All done to the glory of God through Jesus Christ, our Lord! Single Woman's Prayer.Com is dedicated to inspiring and encouraging single Christian Women through the Word of God.